

Just Ask

This enquiry line is for our parents, carers, children, young people, and those who work with them.

The phone line is
open on Tuesdays
and Thursdays from
1pm - 4pm



Staff usually available are:
Dietitians, Educational Psychologists,
Occupational Therapists,
Physiotherapists,
Primary Mental Health
Workers,
Speech and Language Therapists,
School nurses, Pre- school home
visiting teachers,
Autism Practitioner,
Community Learning Disability
Nurse

Information on Early help for Highland children –
development, learning, play & fun



<https://bumps2bairns.com/>



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Gàidhealtachd