

How to stay safe from coronavirus

Wash your hands often for 20 seconds, and especially when you come in from outside



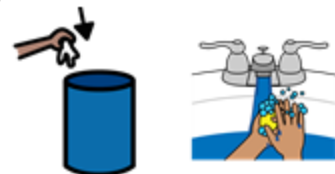
Use hand sanitizer if there is no soap and water



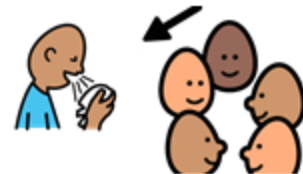
When you cough or sneeze always cover your mouth with a tissue or your arm



Put used tissues in the bin then wash your hands



Try to stay away from people who are coughing



Keep your hands away from your face especially if they are dirty

