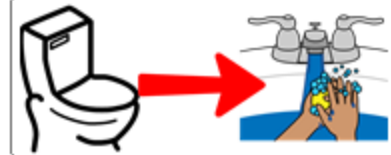


Washing your hands during Covid 19

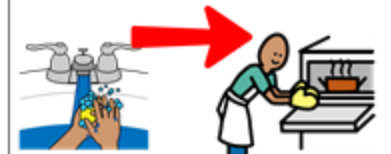
It is important to wash our hands to stay germ free.



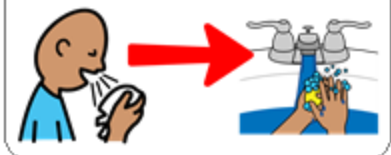
We should wash our hands after we have used the toilet.



We should wash our hands before we eat anything and before and after we help with baking or cooking.



We should wash our hands after blowing our nose, sneezing or coughing.



If we have pets, we should wash our hands after touching them and also if we have been playing in the garden.



Because we are following the government guidelines and staying inside our houses we do not need to wash them more than this.

